

# **Yoga and Aqua Fitness Instructor**

**Dawn Rosenberger**

**Stonegate Resident since 2019**

- 7 years experience as a 200 Level Yoga Instructor
- 25 years AFAA certified Group Exercise Instructor & Personal Trainer
- Currently teaching Yoga, Hydrorider and Group Fitness in Scottsdale, Chandler and Mesa
- CPR & AED certified

**Excited to bring Yoga and Aqua Fitness to**

**Stonegate Community**

**Class timing will be posted in Stonegate and in Admail**